



## Trinity Christmas Bazaar

**Saturday, November 18, 2017**

Wanted – Needed  
For the CRAFT TABLE

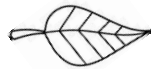
Do you **sew, knit or quilt?**

Can you **glue, draw or paint?**

Are you handy with **woodwork, stained glass, pottery or other media?**

Please consider making some items to donate to the Craft Table: big or small, just one item or several... any contribution is much appreciated! All merchandise should be submitted to Danielle Parenteau by Sunday, November 12, 2017. Contact Alex Dunn at 613-226-7608 or Danielle Parenteau at 613-225-8831 for questions or if you are willing to lend a hand.

## Climate Justice

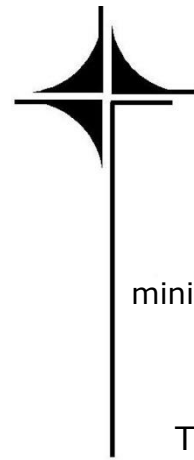


### Did you know:

Two types of energy usages make up the total lifecycle of a building;

- 1) Embodied energy – This is the energy consumed in the manufacture of materials used in the construction of a building. It includes transportation to the building site and assembly of the building. Dense pack cellulose, for example, has a low embodied energy, (2.1 MJ/kg), whereas EPS foam insulation has a high embodied energy, (89 MJ/kg).
- 2) Operational energy – This is the energy required to heat and cool a building as well as electrical power usage.

For a building with a 50 year lifecycle, the operational energy accounts for 80% of it's total energy usage.



## TRINITY UNITED CHURCH An Affirming Congregation

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minister's email: reverin@trinityunitedottawa.ca  
office hours: Mon-Thurs, 9-12 & 1-3  
www.trinityunitedottawa.ca

THE LIFE AND WORK OF OUR CHURCH FAMILY  
October 15, 2017

CLERGY	Rev. Erin Burns
DIRECTOR OF MUSIC	James McGowan
CONGREGATIONAL DESIGNATED MINISTER	Jessica Knoyle
DIRECTOR OF JOYFUL NOISE	Sara-Lynn Hutchison
OFFICE ADMINISTRATOR	Jen Cass
COUNCIL CO-CHAIRS	Karen Afghan & Ian MacKay

We thank you who volunteer to make our worship service happen:  
***The Choir, Ushers, Audio-Visual Tech, Fellowship Hosts, Pastoral Care Drivers, Parking Lot Greeter, & Counters.***

### Attention All Parents and Caregivers!

Little ones are welcome to join our caregiver in the Carson Room (Nursery) during the service while parents participate in our Sunday celebrations. Please speak with Erin about how our Nursery can best support your family.

**Welcome Newcomers:** Please sign our book in the lobby so the minister can connect with you personally. Also, pick up a 'Spirit Matters' Trinity Welcome Package to help get you oriented. Please stay for coffee and conversation.

## Today

There will be no Joyful Noise! rehearsal today I look forward to seeing everyone on Sun. October 22nd. Sara-Lynn

## Food for Thought & Thoughts about Food

In Tait Hall following today's service, our Church in Society committee is hosting vegetarian lunch including a soup made of pulses. We will discuss how our food choices tie directly with Climate Change.

## Meetings & Events at Trinity this Week

Tues: TedTalk Discussions – 7pm, Friendship Room

Wed: Mindfulness Meditation – 7pm, Sanctuary

Thurs: Cantata Rehearsal – 6:45pm, Friendship Room

Thurs: Choir – 7:45pm, Friendship Room

## Upcoming Celebrations in the Sanctuary

Oct 22 Creativity as Worship

Oct 29 Remembering Lost Loved Ones

- Cantiamo sings

Nov 5 Stewardship



Next Sunday, TJF meets in the Carson Room following the service.

## Sunday School Teacher Meeting

If you are currently volunteering your time as a Sunday School teacher or would like to teach or share a particular gift with the Sunday School, please attend a meeting **October 29th at 8:45am** in the Nursery. If you are interested in teaching Sunday School but are not able to come to the meeting, please contact Jessica by email [jessica@trinityunitedottawa.ca](mailto:jessica@trinityunitedottawa.ca) or by phone 613-262-5355.

## Sunday School Registration

If you have not yet registered your child for Sunday School, please do so as soon as possible. Registration forms are available from Jessica or Jen in the office.

## Fall Programming

### Family Pot Luck

**Oct. 28 – 4:30pm – Tait Hall**

Please join Erin and Jessica for a Halloween themed pot luck. There will be activities such as crafts and play dough to do before dinner. Please bring a dish to share, a serving utensil and a list of ingredients (appreciated but not necessary). All are welcome!

### Fall Book Study

**Wednesdays @ 7:30-9 Nov 1, 8 & 15 - Friendship Room**

*Sabbath as Resistance* by Walter Brueggemann

Please speak to Erin if you can co-facilitate this series.

## Potluck and Meditation - All Welcome!

Trinity's Meditation group runs every Wed. evening from 7 to 8 pm. Join us on **Oct. 25th** for a potluck supper at 6 pm to meet our group, share a meal, and give meditation a try. Trinity member or not, all are welcome so please invite any interested friends. We will gather at 5:30 pm, eat at 6:00 and meditate at 7:00 pm. **RSVP by Oct. 22** with your dish to Rosemary Gibb 613-821-9214.

## Observer Subscriptions

Please contact the office to subscribe or renew your subscription to the United Church Observer magazine. The group rate is \$25 per subscription. The **deadline for subscriptions is November 8, 2017.**

## Kitchen Renovation

Take a minute to see the progress on the downstairs kitchen. There are beautiful new counters & sinks and bright new colours are being painted on the walls. The team is hard at work!